



“AUSTRALIA’S PREMIER INTERNATIONAL CHEER, POM, & DANCE COMPETITION”

2010 DOWNUNDER SPIRIT CHAMPIONSHIPS

CHEER, POM & DANCE RULES AND REGULATIONS

INTRODUCTION

This handbook provides information on the competition rules that will be followed at the Downunder Spirit Championships. Clarifications and updates will be published on the Downunder Spirit Championships website at www.downunderspirit.com DATES: 25/26 & 27TH JUNE

It is the coach’s responsibility to ensure that his/her team adheres to the rules for the competition. Any rule clarifications should be directed to the Competition Director, prior to the competition.

Competition Highlights

- International judges from the USA, New Zealand, and Australia
- Cheerleaders perform on a 9-run All Star competition size cheerleading sprung floor, dancers perform on an a wooden dance floor 12x12 metres
- Great divisions and age ranges to meet the needs of every team
- Emphasis on safety and proper progressions through the USASF/IASF Safety Guidelines and Rules and Regulations
- Plenty of scheduled warm-up time on standard cheer floor and sprung tumble strips
- Every competitor goes home with a beautiful medal- you’ve earned it!
- 2 Official and Qualified Coaches per dance/cheer team attend FREE (as long as they are not in the performance)
- Division championship team trophies and medals!
- Buy cheer and dance clothing, shoes, and fun merchandise, as well as meet other event producers to plan your cheer and dance calendar for the rest of the year!
- Purchase or order action photos and DVD of the event
- Banner competition! Bring your team banner to hang from the competition arena.
- Professional and knowledgeable DUSC event staff who are ready and willing to assist you with your every need!
- Enjoy a highly professional, entertaining, international competition that lets your team showcase your outstanding routines!
- Billy Smith, owner of Spirit Celebration! in Dallas, Texas, returns as our event emcee

E:INFO@DOWNUNDERSPIRIT.COM WWW.DOWNUNDERSPIRIT.COM
DUSCDUSCDUSCDUSCDUSCDUSCDUSCDUSCDUSCDUSC



GENERAL GUIDELINES

All teams should be supervised during all official functions by a qualified advisor/coach. Coaches must require proficiency before skill progression. Coaches must consider the individual, group, and team skill levels with regard to proper performance level placement.

All teams, gyms, coaches and advisors should have an emergency response plan in the event of an injury.

Soft-soled shoes must be worn while competing in the cheer section. No jazz shoes and/or boots are allowed.

Jewellery of any kind including, but not limited to, ear, nose, tongue, belly button and facial rings, clear plastic jewellery, bracelets, necklaces and pins on uniforms are prohibited. Jewellery must be removed and may not be taped over. Exception: medical ID tags/bracelets, and uniform rhinestones. It is the coach's responsibility to see that all team members adhere to these regulations. Deductions will occur if competitors are seen with jewellery on whilst competing and warming up.

Any height increasing apparatus used to propel a competitor is prohibited. Flags, banners, signs, poms, and megaphones are the only props allowed. Props with poles or similar support apparatus may not be used in conjunction with any kind of stunt or tumbling. All props must be safely discarded out of harms way (e.g. throwing a hard sign cross the mat from a stunt would be illegal).

All team members and spectators are required to stay seated during the competition to support other teams performing and for various technical reasons. There will be competition division breaks and intervals where competitors and audience may leave their seats.

Teams must have at least 5 members for small division. There is a maximum limit of 36 athletes for the large divisions. Group stunts may have 4 or 5. Floor spotters are allowed (spotters must wear uniformed black attire). Please note: spotters will not be provided by DUSC.

Timing and judging of routines will begin with the first organized movement or the first note of music. Timing will end with the last note of music or when the ending motion or pose is held. Introductions, spell-outs and/ or organized entrances are considered part of the routine and are timed as part of the performance. All participants should walk/spirit onto the floor and immediately start their routine after placement of any props. Any unsportmanlike conduct while entering or exiting the floor may result in a point deduction.

All routines will be judged using a 100-point per judge scale. All judges' scores are totaled together. Decisions of the judges are FINAL!

For safety purposes we require everyone to perform their routine on the performance mat. There will be no deductions for stepping over the line, however, deductions will occur for stepping off the mat.

All routines must be suitable for viewing by audiences of all ages. Vulgar or suggestive material is restricted and will result in a 0.5 point deduction for each incident. Vulgar or suggestive material is defined as any movement or choreography implying something improper or indecent, appearing offensive or sexual in content, and/or relaying lewd or profane gestures or implications. Vulgarity will be determined at the discretion of the judges. Music must be appropriate for all ages.

Participants MAY compete in more than one division as long as they abide by the age restrictions in all divisions in which they compete.

In the event a routine is interrupted because of failure of DUSC equipment, facilities, etc., then the participants affected will be permitted to restart the routine from the beginning. In the event a routine is interrupted because of failure of the participants' equipment, music or supplies, then the participants may either continue or withdraw from the competition. In the event an injury occurs during a performance, then the participants may either continue or withdraw from the competition. Competition officials reserve the right to stop a performance due to an injury.



Waiver of Liability/Medical/Publicity Release Form
Please copy and complete this form for every athlete participating in the
2010 Downunder Spirit Championships.

Club/School/Program Name: _____ State: _____

Participants Name: _____

I hereby acknowledge that the above named participant has insurance coverage and that I accept the financial responsibility for any care and/or treatment the participant should need in case of emergency during the 2009 Downunder Spirit Championships. I agree not to hold ADU, or any of its assigned representatives or agents, responsible for care and/or treatment needed in case of an injury to the participant.

In the event of injury, accident or illness to the participant, ADU officials or representatives are to contact the designated adult below.

I hereby give my permission for the above named participant to be photographed, videotaped and/or audio taped during any activity in connection with the 2009 Downunder Spirit Championships. I further grant permission for such photographs, videotapes and/or audiotapes to be used in print/broadcast media or materials as deemed appropriate for the promotion of ADU activities and for publicity surrounding participation in ADU events.

2010 Downunder Spirit Championships

In Case of Emergency

Participant to Complete

Contact

Name: _____

Name _____

Club/School/Program Name: _____

Relationship to Participant: _____

Home Address: _____

Home Address: _____

Home Ph: _____

Home Ph: _____

Insurance Company: _____

Mobile Ph: _____

Business Ph: _____

Policy #: _____

Doctors Name: _____

Doctors Ph: _____

Signature _____ Date _____

Note: a parent or legal guardian must sign this form if participants are under the age of 18. All original signed forms should be returned to the coach/person responsible for team's paperwork.

